

# Community Resource Guide

## ADVOCACY SERVICES

Iowa Department of Human Rights  
321 E. 12<sup>th</sup> St.  
Des Moines, IA 50319  
(515) 242-5655  
<https://humanrights.iowa.gov>

Polk County Crisis & Advocacy Services  
2309 Euclid Ave.  
Des Moines, IA 50310  
(515) 286-3600  
[www.polkcountyiowa.gov/cfys/services/crisis-advocacy-services/](http://www.polkcountyiowa.gov/cfys/services/crisis-advocacy-services/)

## CHILDCARE ASSISTANCE/REFERRAL

Bidwell Riverside Child Development Center  
1203 Hartford Ave.  
Des Moines, IA 50315  
(515) 244-2268  
<https://www.bidwellchildcare.org/>

Bright Horizons  
Mercy Child Development Center  
1150 6<sup>th</sup> Ave.  
Des Moines, IA 50314  
(515) 643-9090  
<https://child-care-preschool.brighthorizons.com/ia/desmoines/mc dc>

Iowa Child Care Resource & Referral  
877-216-8481  
<https://iowaccrr.org/families>

Iowa Department of Human Services  
1900 Carpenter Ave.  
Des Moines, IA 50314  
866-448-4605  
<https://ccmis.dhs.state.ia.us/clientportal>

## CHILDCARE ASSISTANCE/REFERRAL (cont.)

Project Shine  
West Des Moines Community Schools  
3550 Mills Civic Parkway  
West Des Moines, IA 50265  
(515) 633-5010  
<http://www.wdmcs.org/commed/programs/early-childhood/preschool-programs/project-shine/>

## CLOTHING (FREE)/HOUSEHOLD

AGAPE (infant/maternity)  
2550 Martin Luther King, Jr. Parkway  
Des Moines, IA 50310  
(515) 255-0243  
[www.agapedsm.com](http://www.agapedsm.com)

Bargain Basket  
3811 Ingersoll Ave.  
Des Moines, IA 50312  
(515) 279-5339  
<https://www.jldesmoines.org/?nd=shop>

Bidwell Riverside  
1203 Hartford Ave.  
Des Moines, IA 50315  
(515) 244-6251  
[www.bidwellriverside.org](http://www.bidwellriverside.org)

Caring Hands Outreach Center  
201 9<sup>th</sup> St., N.E.  
Altoona, IA 50009  
(515) 967-4533  
<http://caringhandsiowa.org/get-help/>

Eddie Davis Community Center  
1312 Maple St.  
West Des Moines, IA 50265  
(515) 277-1103  
[http://polk.ia.networkofcare.org/mh/services/agency.aspx?pid=EddieDavisCommunityCenter\\_22\\_2\\_0](http://polk.ia.networkofcare.org/mh/services/agency.aspx?pid=EddieDavisCommunityCenter_22_2_0)

**CLOTHING (FREE)/HOUSEHOLD (cont.)**

Free Store  
834 10<sup>th</sup> St.  
Des Moines, IA 50309  
(515) 282-3733  
[www.thefreestore.org](http://www.thefreestore.org)

Hope Ministries  
King's Closet Program  
(515) 262-0876  
[www.hopeiowa.org](http://www.hopeiowa.org)

St. Vincent DePaul  
1426 6<sup>th</sup> Ave.  
Des Moines, IA 50314  
(515) 282-8327  
[www.svdpsm.org](http://www.svdpsm.org)

Salvation Army Family Stores  
Des Moines, Urbandale, Clive, Ankeny,  
Indianola  
1-800-SA-TRUCK  
[www.desmoines.satruck.org](http://www.desmoines.satruck.org)

West Des Moines Human Services  
139 6<sup>th</sup> St.  
West Des Moines, IA 50265  
(515) 222-3660  
<http://www.wdm.iowa.gov/government/human-services/programs-services>

**EMERGENCY SHELTER**

Central Iowa Shelter & Services  
1420 Mulberry St.  
Des Moines, IA 50309  
(515) 284-5719  
[www.centraliowashelter.org](http://www.centraliowashelter.org)

Bethel Mission (Men)  
1310 6<sup>th</sup> Ave.  
Des Moines, IA 50309  
(515) 244-5445  
[www.hopeiowa.org](http://www.hopeiowa.org)

**EMERGENCY SHELTER (cont.)**

Hope Center of Women and Children  
3333 E. University Ave.  
Des Moines, IA 50317  
(515) 264-0144  
[www.hopeiowa.org](http://www.hopeiowa.org)

St. Joseph Emergency Family Shelter  
1535 11<sup>th</sup> St.  
Des Moines, IA 50314  
(515) 282-1235  
[www.catholiccharitiesdm.org](http://www.catholiccharitiesdm.org)

**EMPLOYMENT**

Iowa Center for Economic Success  
8345 University Blvd.  
Clive, IA 50325  
(515) 283-0940  
[www.theiowacenter.org](http://www.theiowacenter.org)

Iowa Employment Solutions @ DMACC  
430 E. Grand Ave.  
Des Moines, IA 50309  
(515) 281-9700  
[www.iowaemploymentsolutions.com](http://www.iowaemploymentsolutions.com)

Iowa Workforce Development  
430 E. Grand Ave.  
Des Moines, IA 50309  
(515) 281-5387  
[www.iowaworkforcedevelopment.gov](http://www.iowaworkforcedevelopment.gov)

**FINANCIAL ASSISTANCE**

Caring Hands Outreach Center  
201 9<sup>th</sup> St., N.E.  
Altoona, IA 50009  
(515) 967-4533  
<http://caringhandsiowa.org/get-help/>

Cross Ministries (Mortgage, Rent, Utilities)  
Presbytery of Des Moines  
3226 University Ave.  
Des Moines, IA 50311  
(515) 279-9998  
[www.crossministriesdm.org](http://www.crossministriesdm.org)

**FINANCIAL ASSISTANCE (cont.)**

Eddie Davis Community Center (Rent, Utilities)  
1312 Maple St.  
West Des Moines, IA 50265  
(515) 277-1103  
[http://polk.ia.networkofcare.org/mh/services/agency.aspx?pid=EddieDavisCommunityCenter\\_22\\_2\\_0](http://polk.ia.networkofcare.org/mh/services/agency.aspx?pid=EddieDavisCommunityCenter_22_2_0)

IMPACT Community Resource Centers (Utilities)  
(City of Des Moines, Boone Co., Jasper Co.,  
Marion Co., Polk Co., Warren Co.)  
3226 University Ave.  
Des Moines, IA 50311  
(515) 274-1334  
<https://www.impactcap.org/how-we-help>

Iowa Community Action Association  
Home Energy Savers Program  
1620 Pleasant St., Suite 214  
Des Moines, IA 50314  
(515) 244-0307  
<http://iowacomunityaction.org/get-help/programs/>

Iowa Mortgage Help Hotline  
(877) 622-4866  
[www.iowamortgagehelp.com](http://www.iowamortgagehelp.com)

Polk County General Assistance  
(Rent, Utilities, Health Supplies, Major Home  
Repair)  
2309 Euclid Ave.  
Des Moines, IA 50310  
(515) 286-2088  
[www.polkcoiowa.gov/cfys/services/general-assistance-program](http://www.polkcoiowa.gov/cfys/services/general-assistance-program)

U.S. Dept. of Housing & Urban Development  
**Rentals**  
<https://portal.hud.gov/hudportal/HUD?src=/states/iowa/renting>  
**Utilities**  
<https://portal.hud.gov/hudportal/HUD?src=/states/iowa/renting/energyprgms>

**FINANCIAL ASSISTANCE (cont.)**

West Des Moines Human Services  
139 6<sup>th</sup> St.  
West Des Moines, IA 50265  
(515) 222-3660  
<http://www.wdm.iowa.gov/government/human-services/programs-services>

**FOOD ASSISTANCE/FOOD PANTRIES**

Caring Hands Outreach Center  
201 9<sup>th</sup> St., N.E.  
Altoona, IA 50009  
(515) 967-4533  
<http://caringhandsiowa.org/contact-us/>

Catholic Charities  
1815 Hubbell Ave.  
Des Moines, IA 50316  
(515) 262-7290  
<https://www.catholiccharitiesdm.org/contact-us/>

Caring Hands Outreach Center  
201 9<sup>th</sup> St., N.E.  
Altoona, IA 50009  
(515) 967-4533  
<http://caringhandsiowa.org/get-help/>

Cross Ministries  
Presbytery of Des Moines  
3226 University Ave.  
Des Moines, IA 50311  
(515) 279-9998  
[www.crossministriesdm.org](http://www.crossministriesdm.org)

DMARC Emergency Food Pantries  
Multiple sites in the Des Moines Metro Area  
(515) 277-6969  
[www.dmarcunited.org](http://www.dmarcunited.org)

Eddie Davis Community Center  
1312 Maple St.  
West Des Moines, IA 50265  
(515) 277-1103  
[http://polk.ia.networkofcare.org/mh/services/agency.aspx?pid=EddieDavisCommunityCenter\\_22\\_2\\_0](http://polk.ia.networkofcare.org/mh/services/agency.aspx?pid=EddieDavisCommunityCenter_22_2_0)

**FOOD ASSISTANCE/FOOD PANTRIES (cont.)**

Food Bank of Iowa  
2220 E. 17<sup>th</sup> St.  
Des Moines, IA 50316  
(515) 564-0330  
[www.foodbankiowa.org](http://www.foodbankiowa.org)

IMPACT Community Resource Centers  
(City of Des Moines, Boone Co., Jasper Co.,  
Marion Co., Polk Co., Warren Co.)  
3226 University Ave.  
Des Moines, IA 50311  
(515) 274-1334  
<https://www.impactcap.org/how-we-help>

Supplemental Nutrition Assistance Program  
(SNAP)  
Iowa Department of Human Services  
(515) 286-3555  
[www.dhs.iowa.gov/food-assistance](http://www.dhs.iowa.gov/food-assistance)

West Des Moines Human Services  
139 6<sup>th</sup> St.  
West Des Moines, IA 50265  
(515) 222-3660  
<http://www.wdm.iowa.gov/government/human-services/programs-services>

**HEALTH (Medical/Dental/Vision)**

Broadlawns Medical Center  
1801 Hickman Rd.  
Des Moines, IA 50314  
(515) 282-2200  
[www.broadlawns.org](http://www.broadlawns.org)

Dental Connections  
1111 9<sup>th</sup> St., Suite 190  
Des Moines, IA 50314  
(515) 244-9136  
[www.dentalconnectionsonline.com](http://www.dentalconnectionsonline.com)

Free Clinics of Iowa  
(515) 954-7598  
[www.freeclinicsofiowa.org](http://www.freeclinicsofiowa.org)

**HEALTH (Medical/Dental/Vision) (cont.)**

Polk County Health Department  
1907 Carpenter Ave.  
Des Moines, IA 50314  
(515) 286-3798  
<https://www.polkcountyiowa.gov/health>

**LEGAL ASSISTANCE**

Drake Legal Clinic  
2400 University Ave.  
Des Moines, IA 50311  
(515) 271-3851  
[www.drake.edu/law/clinics-centers/clinic](http://www.drake.edu/law/clinics-centers/clinic)

Eddie Davis Community Center  
1312 Maple St.  
West Des Moines, IA 50265  
(515) 277-1103  
[http://polk.ia.networkofcare.org/mh/services/agency.aspx?pid=EddieDavisCommunityCenter\\_22\\_2\\_0](http://polk.ia.networkofcare.org/mh/services/agency.aspx?pid=EddieDavisCommunityCenter_22_2_0)

Iowa Legal Aid  
1111 9<sup>th</sup> St., #230  
Des Moines, IA 50314  
(800) 532-1275  
[www.iowalegalaid.org](http://www.iowalegalaid.org)

**TRANSPORTATION**

Des Moines Area Regional Transit Authority  
(DART)  
1100 Dart Way  
Des Moines, IA 50309  
(515) 283-8100  
[www.ridedart.com](http://www.ridedart.com)

West Des Moines Human Services  
139 6<sup>th</sup> St.  
West Des Moines, IA 50265  
(515) 222-3660  
<http://www.wdm.iowa.gov/government/human-services/programs-services>